



# Staff Report

## City Council

Item No. {{section.number}}.{{item.number}}

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**Meeting Date:** May 22, 2024

**From:** George Crum, Chief of Police

**Title:** Wellness Solutions Program Contract

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### **RECOMMENDATION:**

Authorize the Chief of Police to execute the Wellness Solutions Program contract between Cathedral City Police Department and WorkCare, Inc. for the wellness program in an amount not to exceed \$30,000.00.

### **BACKGROUND:**

Recognizing the need for officer wellness and mental health of California peace officers employed by county and city law enforcement agencies (under PC 830.1) the California State Assembly authorized disbursement of funds to eligible agencies for the purpose of improving officer wellness and expanding mental health sources. The funds are intended to establish peer support units, expand services provided by licensed mental health professionals or other counselors that work specifically with law enforcement, along with other programs or services that have a successful track record of enhancing officer wellness. On March 22, 2023, the City Council approved acceptance of the California Board of State and Community Corrections "Officer Wellness and Mental Health" grant in the amount of \$34,402.05

### **DISCUSSION:**

The Officer Wellness and Mental Health grant is a result of Assembly Bill 178, (Chapter 45, Statutes of 2022, Item 5227-121-0001) and available to all city and county law enforcement agencies employing officers described under section 830.1 of the California Penal Code. The grant funding opportunity, started on July 1, 2022, and ends on December 1, 2025. The purpose of the grant is to assist agencies in improving officer wellness in the following areas:

- Establishing or expanding existing officer wellness units
  - Establishing or expanding peer support units
  - Expanding services provided by licensed mental health professionals, counselors, or other professionals that work with law enforcement.
  - Expanding multiagency mutual aid programs focused on officer wellness and mental health.
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- Initiate other programs or services that are evidence based or have a successful track record of enhancing officer wellness.

The grant will conclude with a detailed expenditure report on how the grant funds were utilized and a detailed impact report on the services provided or program(s) implemented with the grant funding.

The Department researched several programs through our existing peer support group and is recommending entering into a one-year services agreement to establish a wellness program through WorkCare Inc. in an amount not to exceed \$30,000.00.

Each year, over 2.5 million deaths occur in the United States. The ten leading causes of death are responsible for 75% of annual deaths and are attributed to chronic conditions that are costly and preventable. The top health care issues facing most companies include diabetes, obesity, heart disease, and cancer. First responders face increased risks due to occupational physical demands, high stress, unpredictable schedules/shift work and sleep challenges. The wellness program being proposed for approval targets the risk factors associated with first responders.

The WorkCare, Inc. wellness program will be a quarterly onsite wellness program and will include the following features:

1. Wellness Program Maintenance Fee	\$12,000.00
2. HIPAA Compliant Wellness App	\$ 1,920.00
3. Phlebotomist/Staffing Fees	\$ 3,000.00
4. Bloodwork/Consultation (52 Sworn)	\$ 2,660.00-\$3,040.00.
5. Bloodwork/Consultation (28 Civilians)	\$ 900.00
6. Injury Prevention Movement Screening	\$ 3,000.00
7. Resiliency Training	\$ 6,000.00

#### **FISCAL IMPACT:**

There is no financial impact on the General Fund. The WorkCare, Inc. Wellness Solutions program will be paid for from the BSCC Officer Wellness and Mental Health Grant (Fund 247), which was approved by the City Council on March 22, 2023.

#### **FIVE-YEAR STRATEGIC PLAN:**

N/A

#### **ATTACHMENTS:**

1. BSCC Grant Information/Agreement
2. City of Cathedral City Master Services Agreement with WorkCare Inc.
3. Cathedral City Wellness Proposal